FindMyItem

Household _____ adults _____ children _____ pets

Kit kept at _____

Emergency supply kit checklist · US

Keep enough for several days. Check it once a year and replace anything out of date.

> **Source:** Based on Ready.gov “Build a Kit” (FEMA), ready.gov/kit. FindMyItem is not affiliated with or endorsed by FEMA, the Ready Campaign or the U.S. Department of Homeland Security.

Water and food

- [ ] Water: 1 gallon per person per day, for several days
- [ ] Food that keeps: at least a several day supply
- [ ] Manual can opener

Light, power and news

- [ ] Flashlight and extra batteries
- [ ] Battery or hand crank radio, and a NOAA Weather Radio with tone alert
- [ ] Cell phone chargers and a backup battery

Health and hygiene

- [ ] First aid kit
- [ ] Prescription medicines, glasses and contact lens solution
- [ ] Pain relievers and other non prescription medicines
- [ ] Soap, hand sanitizer and disinfecting wipes
- [ ] Moist towelettes, garbage bags and plastic ties
- [ ] Feminine supplies and personal hygiene items

Where it is kept

Write down where each part is, or keep the list in FindMyItem on your phone.

Water and food _____

Flashlight, radio _____

First aid, medicines _____

Documents, cash _____

Car kit _____

Work kit _____

Safety and shelter

- [ ] Whistle to signal for help
- [ ] Dust masks
- [ ] Plastic sheeting, duct tape and scissors
- [ ] Wrench or pliers to turn off utilities
- [ ] Fire extinguisher
- [ ] Matches in a waterproof container

Warmth and everyday

- [ ] A sleeping bag or warm blanket for each person
- [ ] A change of clothes and sturdy shoes for each person
- [ ] Paper plates, cups, utensils and paper towels
- [ ] Paper, pencil and local maps

Money and papers

- [ ] Cash
- [ ] Family documents in a waterproof container, or saved electronically

If you have them

- [ ] Infant formula, bottles, diapers, wipes and diaper rash cream
- [ ] Pet food and extra water for pets
- [ ] Books, games or puzzles for children

Based on Ready.gov “Build a Kit” (FEMA): ready.gov/kit, a public service of FEMA and the U.S. Department of Homeland Security. Our own wording and layout. FindMyItem is not affiliated with or endorsed by FEMA, the Ready Campaign or the U.S. Department of Homeland Security. Checked 10 Nov 2026. © Railstons GmbH.

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